

Torphichen Primary School



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Help Lines

Bullyline	0800 44 11 11
Childline	0800 11 11 11
Speak2easy	0800 22 04 24
BullyingUK	0808 800 2222

Websites

<http://www.bullying.co.uk>
<http://www.childline.org.uk>

School Policy

Once it is clear that bullying is taking place then the bully is spoken to by a member of the management team.

It is made clear to the bully that his/her actions are unacceptable and a guarantee of no further bullying is sought.

The parents/carers of the bully are contacted in order to inform them of the situation and to ask for support.

The parents/carers of the child who was bullied are also informed and asked that any further bullying behaviour is reported.

If the bully does not stop then further disciplinary measures will be used.

Cyber Bullying will also not be tolerated. If mobile phones are brought to school they are confiscated and returned to owners at the end of the day.

Parents should ensure that their children are using any social networking facility appropriately and that they respect age restrictions and terms of use.

As a rights respecting school, we teach the children to respect the rights of others and ensure that they know their own rights.



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Action



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Action Against Bullying

Definition:

Bullying is the wilful conscious desire to hurt, threaten or frighten someone else repeatedly.

All children are responsible for the wellbeing of one another, therefore, all incidents of bullying must be reported.

Watching and doing nothing is support for the bully.

We undertake to investigate all reported incidents and to deal with them appropriately.

We have developed strategies to promote good relationships and to help children deal with problems in a non-aggressive way.

We take all incidents of bullying seriously and promote an anti-bullying culture.

Your education should help you learn to live peacefully and respect other people. (Article 29)

Why is tackling bullying important?

It is important to tackle bullying because:

- bullying makes children unhappy
- children who are being bullied find it difficult to concentrate fully on their work
- some children avoid being bullied by not going to school.
- if bullying behaviour is not challenged then some pupils may copy this anti-social behaviour.

You have the right to be protected from being hurt and mistreated in body and in mind. (Article 19)



If you see someone being bullied:

- don't ignore it.
- don't join in even if your friends say you should.
- if you can, offer support.

Advice for Children

If you are being bullied:

- Be firm and clear - look them in the eye and tell them to stop.
- Get away from the situation as quickly as possible.
- Tell an adult what has happened straight away.
- Tell a teacher or another adult in the school.
- Tell your family.
- If you are scared to tell a teacher or an adult on your own, ask a friend to go with you.
- Keep speaking until someone listens.
- Don't blame yourself for what has happened.

You have the right to help if you have been hurt, neglected or badly treated. (Article 19)

When you are talking to an adult about bullying, be clear about:

- what has happened to you
- how often it has happened
- who was involved
- who saw it happen
- where it happened
- what you have done about it already.

You have the right to give your opinion, and for adults to listen and take it seriously. (Article 12)