

Our Anti-Bullying Statement



WHAT IS BULLYING?



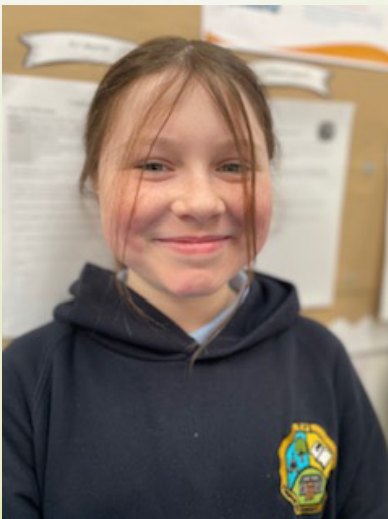
Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.

- Teachers and school staff
- Parents and carers
- Anti-bullying leads
- Friends

WHO COULD WE REACH OUT TO?



Our Anti-Bullying Leads



We, the pupils and staff of Torphichen Primary, have agreed to stand against bullying by:

- showing kindness and respect to everyone equally
- being positive role models
- supporting and listening to each other
- being honest about our feelings and reaching out if we need to
- taking responsibility for our own behaviour
- acting quickly if we witness bullying - telling an adult